

Biography for Evonne Noble, MA, LMHCA

Director of Puget Sound Psychotherapy and the Seattle Relationship Clinic

Staff Therapist at Mercer Island Youth and Family Services

In her clinical work at Mercer Island Youth and Family Services, Evonne provides counseling services to children, teens, adults and families. In her role as Director of the Seattle Relationship Clinic at Puget Sound Psychotherapy, Evonne manages a team of counselors, creates training and educational events, and provides relationship counseling and individual therapy to adults.

Evonne's education includes degrees in Psychology (M.A., Seattle University), Mathematics, (B.A., Boston University), and Philosophy (B.A., Boston University). Evonne has completed Level 1 and Level 2 training in couples therapy from the Gottman Institute, five years of training in individual and couples counseling with the Gestalt Institute of Los Angeles, and has over 15 years of training and personal experience with mindfulness and meditation. Evonne is a member of the American and Washington Mental Health Counselors Associations. She is interested in understanding and supporting the development of healthy relationships and healthy families. Past lives include teaching secondary mathematics and working in the actuarial field.